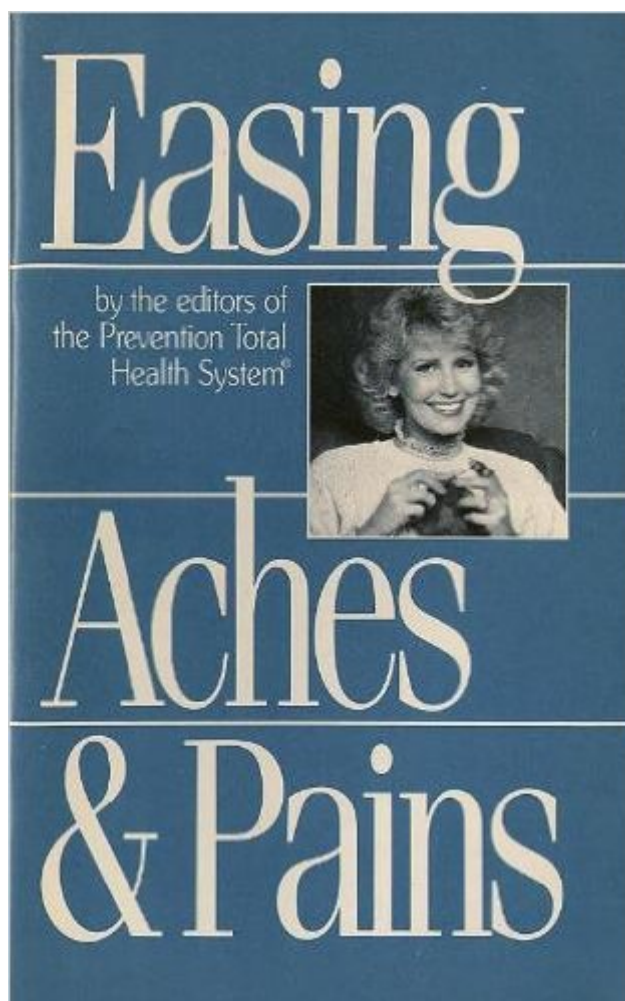


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# Easing Aches & Pains; By The Editors Of The Prevention Total Health System



## Synopsis

Rodale's thoughts on body's own natural resources, headaches, earaches, toothaches, foot problems, muscle & menstrual cramps, backaches & arthritis.

## Book Information

Pamphlet: 48 pages

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